

✨ **FOOD DRIVE FOR GIVINGTHANKS** ✨

Help us stock up on non-perishable food for our unhoused community

🎯 **Goal:** Pack meals, fuel hearts, spread kindness!

What to Donate:

Canned Goodies (Pop-Top Preferred!)

- Baked Beans
- Canned Chicken or Tuna
- Mixed Veggies
- Canned Fruit (in juice)
- Soups & Chili

Easy Meal Fixings

- Instant Ramen
- Boxed Pasta & Sauce
- White/Brown Rice
- Instant Mashed Potatoes

Breakfast Boosters

- Instant Oatmeal Packets
- Granola or Cereal Bars
- Dry Cereal (individual or family size)
- Shelf-Stable Milk (Dairy or Plant-Based)

Protein-Packed Heroes

- Peanut Butter or Nut Butters
- Canned Beans (like black beans or chickpeas)
- Protein or Energy Bars

Snacks & Smiles

- Crackers
- Trail Mix
- Dried Fruit

Drinks that Don't Need a Fridge

- Bottled Water
- Juice Boxes
- Drink Mixes (Electrolyte or Vitamin)

 **Drop-off Location:** *TBD please email me for a location.*

 **Deadline:** November 20th, 2025

 **Contact:** *Whitney McCullough / That Sista Support @ tsistasup@gmail.com*

 **Let's feed bellies and lift spirits!**

Thank you for giving with heart 